

Activate your Social Media Channels

- Share provided content across your social media platforms and encourage reposts and retweets (Facebook, Instagram, LinkedIn, Twitter).
- Follow the American Heart Association social media handles and engage (like, comment, repost/retweet campaign messages).
 - [Facebook](#) (@AmericanHeart)
 - [Twitter](#) (@American_Heart)
 - [Instagram](#) (@American_Heart)
 - [LinkedIn](#) (American Heart Association)
- Sample messages and graphics are included in the zipped files in this toolkit.
- Engage with other relevant social media handles
 - Alliance for Aging Research
 - [Facebook](#) (@AllianceforAgingResearch)
 - [Twitter](#) (@Aging_Research)
 - [Instagram](#) (@agingresearch)
 - Heart Valve Disease Awareness Day
 - [Facebook](#) (@ValveDiseaseDay)
 - [Twitter](#) (@ValveDiseaseDay)
 - [Instagram](#) (@valvediseaseday)
 - Heart Valve Voice US
 - [Facebook](#) (@HeartValveVoiceUS)
 - [Twitter](#) (@HeartValveUS)